

PROMPT PACK

PRICE
\$14.99

150 Viral TikTok Caption Prompts: AI Scripts for 100K Views

v1.0

If you're a TikTok creator tired of staring at a blank screen trying to write captions that actually stop the scroll, this pack is built for you. 150 Viral TikTok Caption Prompts gives you ready-to-use AI prompts that generate hooks, stories, trends, and CTAs proven to drive serious views. Instead of guessing what might work, you get structured prompts across ten focused chapters. Need a 3-second pattern interrupt? Chapter 1 has 15 options that start with surprising stats, controversial opinions, or "I tried this for 7 days" curiosity gaps. Want to turn a simple idea into a 60-second story that keeps people watching? Chapter 2 delivers 15 storytelling frameworks, including transformation arcs, day-in-the-life scripts, and cliffhanger series. The prompts are designed to work with any AI tool you already use. Just drop in your topic or niche and let the model handle the heavy lifting. You'll get captions for educational content, comedy bits, ASMR, duets, product reviews, and strong outro CTAs that actually convert viewers into followers. This isn't generic advice. Every prompt follows formulas that consistently perform on the platform, from "Don't do X until you watch this" hooks to rapid-fire montages and nostalgic comparisons. Whether you're posting daily or batch-creating content, these prompts remove the creative bottleneck so you can focus on filming and posting. Creators who struggle with consistency or feel their reach has plateaued will find this especially useful. Instead of spending hours brainstorming, you can generate dozens of caption options in minutes and test what resonates with your audience. The result is more videos live, better retention, and a realistic path to 100K-view videos without needing to go viral by luck. If you want to stop relying on random inspiration and start using a repeatable system for scroll-stopping captions, this prompt pack delivers exactly that. Grab it now and start turning every video into an opportunity for real growth.

Type: **Prompt Pack** Version: **1.0** Downloads: **0** [ShopZario.com](#)

PRICE	VERSION	DOWNLOADS	RATING
\$14.99	1.0	0	—

Chapter 1: Hook Prompts (15 prompts)

- › "Write a 3-second hook for a TikTok video about [topic] that starts with a surprising statistic. Make it stop the scroll immediately."
- › "Create a pattern-interrupt hook for [niche] using the phrase 'I tried [method] for 7 days and here's what happened' with a curiosity gap."
- › "Generate a 'You're doing [X] wrong' style hook for [topic] that challenges a common belief."
- › "Write a hook that asks a rhetorical question about [topic] that makes viewers feel compelled to comment their answer."
- › "Create a 'POV: You're the type of person who [behavior]' hook for [audience] that creates instant relatability."
- › "Generate a hook using a trending sound transition where the first frame shows [normal] and cuts to [unexpected]."
- › "Write a hook that teases the end result: 'Watch until the end to see how I [achieved X].'"
- › "Create a 'Things I wish I knew before [activity]' hook that promises valuable advice."
- › "Generate an emotional hook starting with 'I never thought I'd say this but...' about [personal experience]."
- › "Write a hook using the 'Number + Adjective + Noun' formula."

Chapter 2: Storytelling Prompts (15 prompts)

- › "Tell a 60-second story using the 3-act structure: Setup, Conflict, Resolution."
- › "Create a 'How I went from [low point] to [high point]' transformation story."
- › "Write a day-in-the-life script for [profession] with 5 key moments."
- › "Generate a customer success story following one person's journey."
- › "Create an emotional story about a failure that led to a breakthrough."
- › "Write a behind-the-scenes script showing the real side of [industry]."
- › "Generate a 'Things they don't teach you about [topic]' story-driven video."
- › "Create a multi-part storytelling series (Part 1/3) with a cliffhanger."
- › "Write a rapid-fire story montage: 5 quick stories in 30 seconds."
- › "Generate a 'I tried [trend] for 30 days' transformation journey."

Chapter 3: Trend & Viral Prompts (15 prompts)

- › "Adapt the current trending sound into a video with a unique spin."
- › "Create a 'This sound was made for [niche]' video with niche visuals."
- › "Generate a video that participates in the trending challenge with a twist."
- › "Write a 'Rating [X] from different eras' video riding a nostalgia trend."
- › "Create a green screen explainer using a trending template."
- › "Generate a 'How [profession] watches [popular movie]' parody."
- › "Write a video that predicts the next big trend in [industry]."
- › "Create a 'Before you scroll, watch this' video hijacking a trending song."
- › "Generate a 'I recreated [viral video] but with [twist]' response video."
- › "Write a 'POV: You're [persona] during [trending situation]' skit."

Chapter 4: Educational Prompts (15 prompts)

- › "Explain [complex concept] in 60 seconds using everyday analogies."
- › "Create a step-by-step tutorial for [task] in under 60 seconds."
- › "Generate a 'Myth vs. Fact' video with 5 common misconceptions."
- › "Write a 'Things I wish I knew when I started [activity]' list video."
- › "Create a visual comparison of [Method A] vs [Method B] with pros and cons."
- › "Generate a 'The science behind [everyday phenomenon]' explainer."
- › "Write a '3 tools I use every day for [task]' recommendation video."
- › "Create a 'How to spot [fake/misleading thing]' educational awareness video."
- › "Generate a 'One tip that changed everything' single-focus video."
- › "Write a 'Common [field] mistakes beginners make and how to fix them' video."

Chapter 5: Comedic Prompts (15 prompts)

- › "Write a 'Nobody: ... Me: [behavior]' meme-style script about [topic]."
- › "Create a 'Expectation vs. Reality' video about [situation]."
- › "Generate a '[Profession] problems no one talks about' comedy skit."
- › "Write a 'How it started vs. How it's going' comparison with humor."
- › "Create a 'My brain during [task]' internal monologue skit."
- › "Generate a parody of [popular movie/show] but about [niche]."
- › "Write a 'If [thing] was a person' personification comedy script."
- › "Create a 'Things [group] say vs. what they mean' translation comedy."
- › "Generate a 'Me preparing vs. Me during [event]' contrast comedy."
- › "Write a '[Activity] be like...' relatable skit with over-the-top acting."

Chapter 6: Engagement & Conversion (15 prompts)

- › "Write a CTA asking viewers to 'Comment [keyword] for [resource]'."
- › "Create a 'Follow for Part 2' cliffhanger CTA."
- › "Generate a 'Tag someone who needs to hear this' share CTA."
- › "Write a 'Save this for later' CTA with value proposition."
- › "Create a 'Subscribe for [weekly promise]' subscription CTA."
- › "Generate a 'Which should I do next? [A] or [B]' engagement CTA."
- › "Write a 'Link in bio for [resource]' direct response CTA."
- › "Create a 'Drop [emoji] if you agree' engagement bait."
- › "Generate a 'Turn on notifications' urgency CTA."
- › "Write a 'Share with a friend who needs to [action]' referral CTA."

Chapter 7: Short-Form & Niche (15 prompts)

- › "Write a 15-second quick tip with no intro."
- › "Create a 7-second loopable video showing [process] on repeat."
- › "Generate a 'This or That' choice video with two options."
- › "Write a text-only video with 3 fast facts and typewriter animation."
- › "Create a 'One word caption' video with one impactful word."
- › "Generate a 10-second satisfying video with ASMR-quality audio."
- › "Write a 'Countdown from 5' suspense video revealing info at each number."
- › "Create a 'Zoom-in reveal' video starting wide and zooming to key detail."
- › "Generate a 'Glitch effect' video with quick cuts between before/after."
- › "Write a silent video with only text and music - no voiceover."

Chapter 8: Conversion & Sales (15 prompts)

- › "Write a video converting viewers using social proof and scarcity."
- › "Create a client results showcase with 3 before/after case studies."
- › "Generate a FAQs about [topic] Q&A video addressing top 5 objections."
- › "Write a limited-time offer announcement with urgency."
- › "Create a 'Why I started [business]' founder story for building trust."
- › "Generate a free lead magnet promotion video for email capture."
- › "Write a 'Meet the team' BTS video humanizing your brand."
- › "Create a customer testimonial of the week recurring series."
- › "Generate a 'We hit [milestone] - thank you!' celebration video."
- › "Write a new product launch announcement with feature highlights."



What's Included

- ✓ Curated, ready-to-use prompt collection
- ✓ PDF + text file formats
- ✓ Copy-paste ready prompts
- ✓ Bonus tips & best practices
- ✓ Instant digital download



Specifications

FORMAT	PDF / TXT
DIFFICULTY	All Levels
COMPATIBILITY	Works with ChatGPT, Claude, Gemini & more
DELIVERY	Instant Digital Download



Requirements

A ChatGPT/Claude/Gemini account. Works with any AI chatbot.

